Whitcomb Middle School refresh. refuel. relax. August/September 2023

Marlborough Public Schools

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Welcome Back

30 Chicken Tender W/Roll Pizza Burger

> Vegetarian Baked Beans Red Pepper Strips

31 Waffles Turkey Sausage Links

> **Sweet Potato Fries** Celery Sticks

NO

SCHOOL

NO **SCHOOL**

Chicken Quesadilla Chicken Parmesan Flatbread

Roasted Carrots Fresh Spinach Salad 6 Walking Taco Baja Vegetable Salad

Kickin Pinto Beans Fresh Broccoli

Bacon Cheeseburger Pizza Cruncher

Rainbow Blend Vegetables Celery Sticks

Bacon, Egg & Cheese Biscuit Popcorn Chicken Salad

Tater Tots Fresh Baby Carrots

11

Pizza Sticks Hot Dog

Sweet Potato Fries Fresh Broccoli

12

Pasta W/ Meatballs Spicy Chicken Patty Sandwich

Roasted Green Beans **Red Pepper Strips** 13

Chicken & Vegetable **Dumplings** Vegetarian Fried Rice Bacon Cheeseburger

Steamed Peas & Carrots Edamame Beans

French Toast Sticks Turkey Sausage Patty

> **Tater Tots** Celery Sticks

15

Walking Taco Mozzarella Pepperoni Salad

> Black Beans Fresh Spinach Salad

18

Mini Corn Dogs Meatball Sub

Roasted Zucchini Celery Sticks

19

Taco Pizza Mozzarella Sticks

Vegetarian Refried Beans **Roasted Carrots**

20

Early Release

Hot Dogs

21

Chicken Nuggets W/Roll Grilled Ham & Cheese Sandwich

Roasted Broccoli Cucumber Coins

French Toast Sticks Chicken Sausage Patty

Tater Tots Fresh Baby Carrots

25

Soft Beef Tacos Hot Dog

Black Beans Fresh Romaine Salad

26

Mozzarella Sticks Spicy Chicken Patty

Roasted Carrots Pickled Cucumbers

Pancake Bites Scrambled Eggs

> Tater Tots Celery Sticks

Chicken Tenders W/Rice & Thai Sauce Cheese Quesadilla

Steamed Corn **Red Pepper Strips** 29

Grilled Cheese Hamburger

Sweet Potato Fries Fresh Spinach Salad

Served Daily:

Assorted Fresh Fruit, & Vegetables Choice of Milk: 1%, Fat Free or Fat Free Chocolate

Vegetarian Options Available Upon request



* Menu is subject to change

Offered Daily:

Delicious Hot Meal of the Day Hot Fresh Pizza Made to Order Deli Station! Assorted Pre-Made Fresh Salads and Sandwiches Sun butter & Jelly Sandwiches

Food Service Director – Pamela Whelan 508-460-3500 x 17403

